

# **RESURRECTION NEWS**



**February 2021**

**Pastor's Letter**  
**February 2021**

Brothers and sisters in Christ,

As the season of Lent is almost upon us (Ash Wednesday is Feb. 17<sup>th</sup>), I'm reminded of one of my earliest childhood memories. I was probably no more than four years old or so, and I was "helping" my mom with the laundry (in retrospect, I doubt I was very helpful!). We were unloading the clothes from the washing machine, and once every last piece of clothing was removed from the washing machine, it was time to start the dryer. After Mom shut the dryer door, I noticed that I didn't hear the familiar spin of the dryer yet...because she was doing something. She had pulled this long rectangular thing out of the top of the dryer and was using her fingers to pull bluish-purple fuzzy stuff off of it. So, not knowing what the bluish-purple fuzzy stuff was, I did what any four-year-old would do—I said, "Mom, what's that?" Mom said, "That's lint." Almost immediately, without any hesitation, I excitedly responded, "Lint?!? That's the season we're in!"

While I had the color close to correct (lint sort of resembles Lenten purple, right?), I clearly had no idea what the season of Lent was...but my four-year-old self did understand something about Lent: it's important!

As the years have gone by, I've wondered more and more how many of us are in a similar position. I think it's safe to say that most of us church-folks recognize that Lent is important...we're just not exactly sure why.

To understand the origins of the season of Lent, you need to know something about the Early Church and their practice of baptism. In the first few centuries of the church, it was mostly family units who were baptized (rather than individuals). And, if an individual was baptized, normally they were an adult. So, prior to Baptism, the church would instruct these families and individuals about the chief articles of the faith: Who is God? What about Jesus? Who is the Holy Spirit? What is the role of the Church? The exploration of questions like these is known in the church as "Catechesis." This process of catechesis took place over a 40-day period, leading up to the day of baptism, which took place at the Great Easter Vigil service. During these 40-days of catechesis, it was typical for those being catechized (taught the faith) to fast from various things to show their devotion to the church and to allow for deeper meditation on Jesus and his suffering & death on the cross.

Over the centuries, these 40-days leading up to Easter became a time where the whole church, not just the new converts, would take time to fast, pray, and meditate on the suffering and death of Jesus which he endured on our behalf. This is where the season of Lent comes from. It begins on Ash Wednesday and continues for 40 days until Easter. (If you're looking at a calendar and wondering why there are more than 40 days between Ash Wednesday and Easter, it's because Sunday's aren't counted in Lent, since every Sunday is a celebration of Jesus victory on Easter morning.)

This Lenten season, I want to encourage you to take up this ancient practice of the church and meditate on the sufferings and death of Jesus more deeply. If you want to fast from something, that would be a worth-while practice, but either way, I want to invite you to spend time meditating on Psalm 22 with me. Try reading it once a day during the season of Lent. It won't take more than a couple of minutes to do, and it will give you a deeper appreciation for what our Savior went through on the cross.

Psalm 22 is sometimes known as "The Psalm of the Cross" because of its vivid description of the sufferings of Jesus, written hundreds of years before his Passion. As you read through this incredible Psalm every day, you'll be reminded of Jesus' great love for you, and I pray that you'll be encouraged in your walk with the Lord as well. I would also invite you to join us for mid-week services on Wednesdays throughout the season of Lent, where we'll be meditating on Psalm 22 together piece by piece.

*All the ends of the earth shall remember and turn to the LORD,  
and all the families of the nations shall worship before you.  
For kingship belongs to the LORD, and he rules over the nations.  
-Psalm 22:27-28*

Peace in Jesus,  
Pastor Akers

## *Notes from your Deaconess*

Dear Brothers and Sisters of LCR,

Days move toward Lent  
Ashes, fasting, confession  
Preparation time

Epiphany season continues for just over half of February, but soon we will shift to that penitential season of Lent. Just as our daily rituals of meal times together, regular patterns when we get up in the morning and prepare for sleep, so our weekly gatherings as church family and our journey through the church year's seasons provide a secure and clear direction in our lives. God's word encourages through all the uncertain and trying days we face as individuals and as a community.

While still in Epiphany, the daily lectionary readings take us through the opening chapters of John's gospel, continuing to reveal Jesus as light for the world. He changes water into wine (*party time!*), shows his authority with his healing on the Sabbath (*who's really in charge here?*), and speaks about the Holy Spirit's work in meetings with Jewish Nicodemus and a Samaritan woman (*what is he talking about – wind – water?*). During these same weeks we'll read part of the Old Testament book of Job as Job endures intense suffering, as well as the inadequate explanations of that suffering which his "friends" offer. When we reach Ash Wednesday we will once again begin at the beginning, turning back to the book of Genesis for the Old Testament readings. At this point we will also commence our annual journey through Mark's gospel (from which we will hear for many Sundays as well in the coming months).

Sunday Bible study/school narratives will enter on Samson, Ruth, Saul (the first king of Israel), and then the ever-wonderful and well-known encounter of David and Goliath. Pastor's Thursday studies will continue to focus on Ezra and Nehemiah, and the Saturday women's meetings will work through some of the minor prophets. (Those women's Bible studies will take place on February 13 and 27.)

I hope you will take the time to absorb some of God's word through these readings on your own, with spouse or family, or together with church family, and come to see how relevant they continue to be here and now in 2021.

Under his mercy,  
Sharon M. Conover

*But to all who did receive [the true light], who believed in his name, he gave the right to become children of God, who were born, not of blood nor of the will of the flesh nor of the will of man, but of God."*

*John answered, "A person cannot receive even one thing unless it is given him from heaven.*

*John 1:12-13, 3:37*

**Lent Worship Schedule:**

Beginning February 21, the Sunday morning worship & Bible Class schedule will be as follows:

- 8:30am – Worship
- 9:45am – Sunday School/Bible Study
- 10:45am – Worship (live streamed)

\*Note: Sunday School/Bible Study will begin 15 minutes earlier and will last for 45 minutes.

The mid-week Lent worship schedule will be as follows:

- Ash Wednesday Worship (2/17) – Noon & 7pm
- Mid-week Wednesday worship (2/24 - 3/24) – Noon

\*Note: The Noon mid-week services will be live streamed.

**New Contact Information:**

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610-390-3912 – Paul cell

610-762-0597 – Deb cell

**Thank You's:**

Thank you for your donation to the Greater Waterville Area Food Bank. Your donation of \$1,500 will help purchase food for distribution to our clients and help us with our mission to end hunger in the greater Waterville Area.

Sincerely, Sandra Hammond, President – Waterville Area Food Bank

Thank you for lifting up the bright light of Jesus for others to see.

Sub cruce, Pastor Matthew C Harrison, President – The Lutheran Church Missouri Synod

Thank you for your wonderful gift of \$1,000. You help the Seminary stay strong in the mission of our Lord Jesus. We are grateful to you.

Most cordially yours, Vicki Biggs, Sr V.P. Seminary Advancement Concordia Seminary

Our sincere thanks to you for the very generous donation of \$1,500. Your gift was a blessing to us this year because we had unplanned expenses due to COVID pandemic to protect our shoppers.

Very truly yours, Clara Watson, Treasurer – Oakland Food Pantry

Thank you for your generous gift of \$2,000. It is only through the continued support of faithful friends like you that they are able to continue their work with the street children of Kenya.

May He continue to bless you! Capstone Ministries, Inc.

Thank you for your very generous donation of \$1,080 for 3 Garuna Kid Sponsorships. Your gracious contribution will be used to help bring the grace, mercy, and compassion of Jesus Christ to the multitudes of those in Thailand, Cambodia and surrounding countries.

Sincerely in Christ, Reb Jeffery J Ehlers, Chairman – The Garuna Foundation

## Defending the Faith. Sometimes the Best Defense is a Good Defense.

The Problem of Evil is the atheist's most compelling argument against the existence of God and to be honest, it's the reason that some Christians have walked away from the faith. In fact, I'd wager that all of us have asked the question *"Why me, Lord? What did I do to deserve this?"* I know I have.

Atheists argue:

1. Is God willing to prevent evil, but not able? Then he is not all powerful and therefore, not God.
2. Is he able, but not willing? Then he is malevolent, and the loving God described by Christians must not exist.
3. Is he both able and willing? Then why is there still evil in the world? Again, they conclude that He simply cannot exist.

But what if I told you that the atheist's strongest argument against God's existence actually proves God's existence?

C.S. Lewis was one of Christianity's most important authors of the 20th century and former atheist reveals a turning point in his journey to the foot of the Cross.

*"My argument against God was that the universe seemed so cruel and unjust. But how had I got this idea of just and unjust? A man does not call a line crooked unless he has some idea of a straight line. What was I comparing this universe with when I called it unjust?"*

In other words, how can you define what "evil" is without knowing what "good" is? Or how can you call a piece of bread stale unless you know what fresh bread should taste like?

As Christians, we know where our concept of "good" is grounded. It's written on our hearts (Romans 2:15) but is also directly revealed through Scripture (Exodus 20:1-17 – the Ten Commandments). To put it succinctly, that which is good is that which comports with God's will. Our idea of good is grounded in God Himself – it is objective (defined outside of ourselves), not subjective (defined by ourselves).

Without God in the picture, how does an atheist explain his idea of good? The simple answer is that he can't. He has no way to ground it. There is no objective basis for it.

The atheist's idea of "good" is simply his own opinion about what he likes and dislikes. It's completely subjective and history is replete with examples of this kind of thinking leading to all sorts of evil.

Much of 1939 Germany thought that eradicating Jews, Slavs, Gypsies and others was good. Radical Islam believes that it is good to enslave or kill infidels – like you and me. The Rwandan Hutus thought it was good to exterminate Tutsis. Stalin, Mao, Castro and their ilk.

And how does the atheist respond to that kind of evil? All they can say is that they don't like it, but with no objective source of good, they can't truly say it's wrong in any meaningful way. Their worldview simply doesn't allow it.

So yes, evil exists. We see it, hear it and experience it every day. So then, what is the answer to the atheist's complaint?

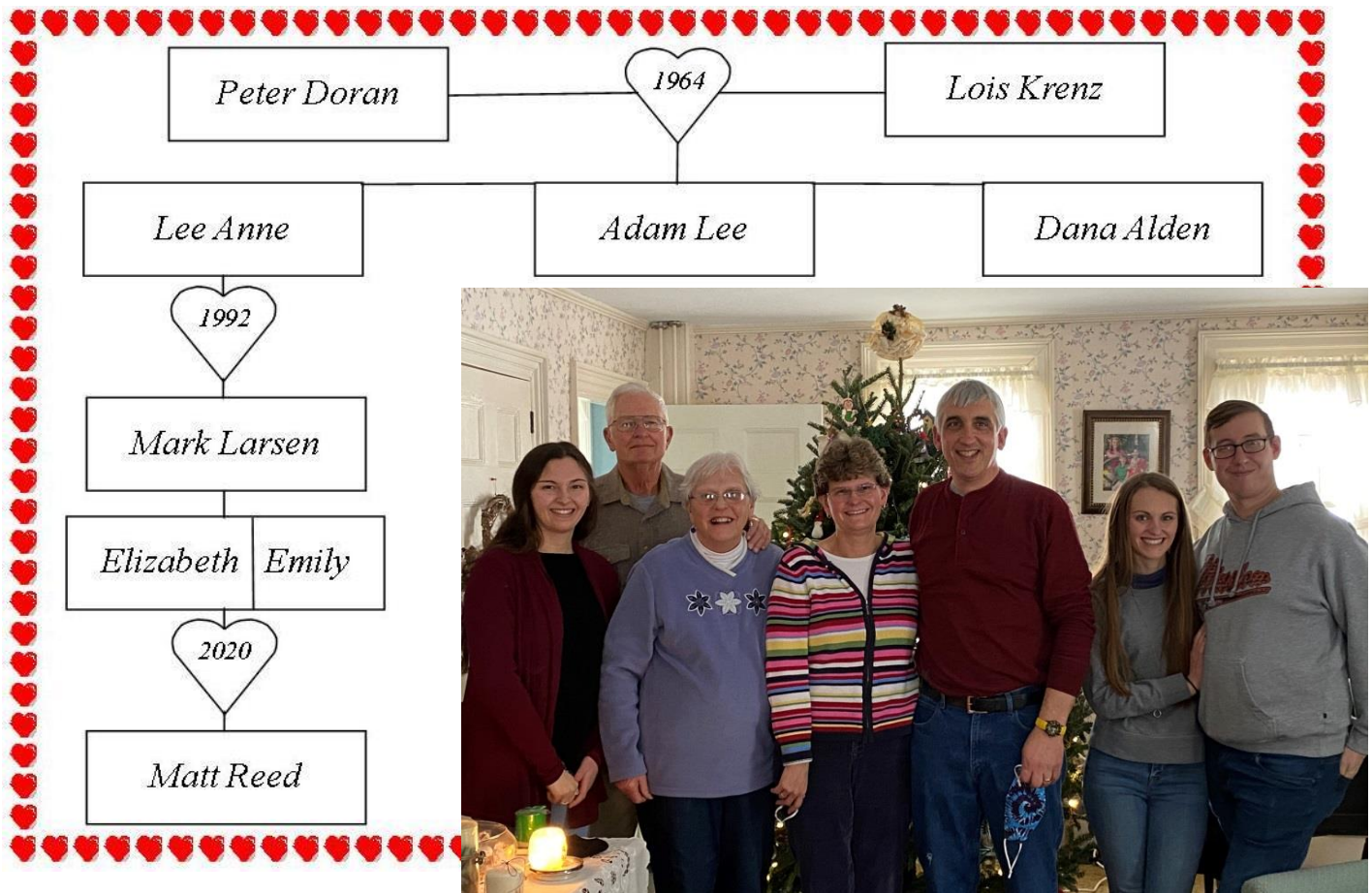
I'll give you a month to think about that and address it in next month's article!

PS – I'm always ready to hear your comments, criticisms, complaints or encouragement. Contact me at [charles.j.macpherson@gmail.com](mailto:charles.j.macpherson@gmail.com).

- Charlie MacPherson, SDG

## *Families of the Month!*

Doran – Larsen – Reed



Lois and Peter Doran (pronounced doe ran) are LCR's members with the longest membership longevity. They came to Lutheran Church of the Resurrection in 1967—married only 3 years at the time. They reared their family here; and their daughter, then her daughters, continue as active members still today—truly a generational story!

Lois grew up in Faribault, Minnesota—attending Peace Lutheran Church and Parochial School (K-8). She studied nursing at University of Minnesota, graduating with a B.S.N. and becoming an RN. Her first work as a nurse was at the University Medical Center.

Peter was born in Bronxville, New York and lived in many places in Connecticut and Massachusetts. He graduated high school in Wellesley, MA and then studied at Colby College in Waterville, graduating with a B.A. in Psychology. He did his graduate studies in psychology and health education at Southern Illinois University in Carbondale, Illinois. During that time, he also served in the Army Reserve and spent two weeks in the summer in Brainerd, Minnesota for training.

It was then that Peter met Lois and her three roommates in Minneapolis. When he returned to Brainerd the following year, he called the house where Lois was living and she happened to answer the phone. He went to Minneapolis that weekend and a wonderful romance was begun! Most of their time was spent talking on the phone, but Peter was making a trip to Colby to attend a reunion so he invited Lois to make the trip with him and his mother. During that weekend in October 1964, Peter proposed and Lois said YES! They were married on December 20, 1964 at Peace Lutheran Church by the same pastor who confirmed Lois.

Following their wedding, they returned to Carbondale where Peter continued his graduate work and Lois worked as an instructor for psychiatric nursing aides for two years at a psychiatric hospital. They traveled to Maine in 1965 to spend the summer in a little cottage Peter had purchased in 1961 in Northport—on Penobscot Bay. As they returned to Carbondale for Peter to finish his graduate work, they decided they would come back to Maine when they settled down. So, in 1966 they purchased a beautiful colonial home in Belgrade, which had been built in 1784 and overlooked Messalonskee Lake. They moved into their home in June of 1966 and to this day are still living there!

The Dorans have three children—Lee Anne, Adam Lee, and Dana Alden. Their children’s names all have beautiful significance: “Lee” in Lee Anne came from Peter’s sister who was Joanna Lee and the “Anne” came from Lois’ middle name—adding an e to the end just to be different. Adam Lee was named after a children’s book that Peter’s maternal grandfather wrote. (His grandfather wrote a number of books for elementary children and this particular book, which Peter and Lois read to their children—was about a young boy who loved adventures.) Peter thinks the “Lee” from that same book may have been given to his sister for her middle name but he isn’t really sure about that. Dana Alden was named after John Alden, changing “John” to “Dana” for Lois’ grandmother who was Danish. Peter’s relatives were all direct descendants of John and Priscilla Alden, thus Lee Anne, Adam, and Dana are members of the Mayflower Society. (Peter’s mother and his younger sister were both named Priscilla. John Alden and Priscilla Mullin both sailed on the Mayflower in 1620 and were one of the first couples to marry in Plymouth Colony—but not without some drama—read “The Courtship of Miles Standish,” who was John’s rival in love!) Peter and Lois’ son, Dana Alden, named his son Alden, though he always claimed to hate the name! There are five beautiful granddaughters, but handsome Alden is the only grandson. The grandchildren range from 15 to 22 years of age.

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Two of the Doran children’s paths led them from the Waterville area. However, Lee Anne began dating Mark Larsen in 1985, at the end of her junior year of high school. Although they had known each other for a number of years through the music program and because Mark was a friend of Lee Anne’s brother, Adam, it took a school trip to England for them to begin dating. Mark and Lee Anne dated through the rest of high school and college (both attended the University of New Hampshire) and married July 18, 1992.

Though Lee Anne was baptized and confirmed at LCR, the wedding wasn’t held there: It was held in Waterville at Lorimer Chapel on the campus of Colby College. At the time, LCR didn’t have a minister and wasn’t quite large enough to hold the number of invited guests. Reverend Ted Evertsen (who confirmed Lee Anne) served as one of two ministers officiating the ceremony—the other was the minister of the Baptist Church that Mark attended at the time.

After marrying, Mark and Lee Anne settled in Sidney where they still live today. Mark was part of Pastor Nielsen’s first Inquirer’s Class and joined LCR in the fall of 1992. Lee Anne taught elementary school in Sidney and Mark ran the family jewelry business in Waterville. In 1998, Elizabeth was born and Emily followed in 2001.

Mark and Lee Anne have been engaged in many activities at LCR over the years. Lee Anne has been a member of the Altar Guild since 1992, taught Sunday school, and served as a youth group leader. Mark has been an usher, worship assistant, trustee and is currently serving as the congregation’s president. Mark currently works for Maine Revenue Services and Lee Anne works for the Maine Department of Education. In their free time, they enjoy spending time with family, traveling, and hiking.

To young adults, just branching away from their folks’ home, the Larsens would say, “Stay strong in your faith—while you are going to have many wonderful experiences, you are also going to explore many new and different ideas, face challenges to your values, and make mistakes along the way, but Jesus will be with you during the good times and the challenges. Know that your family will always be there for you, too—you can return whenever you need to and they’ll be there. Be humble and kind—the world needs people who care about others and who appreciate what the Lord has given. Try to view life from the perspective of the glass half-full. Keep your sense of humor—laughter is the best medicine.” Mark also says, “Never give up—if there is a will, there is a way.”

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Both Larsen girls were baptized and confirmed at LCR. They enjoyed engaging in youth group activities and attended Higher Things conferences and a mission trip in Boston.

Liz studied at Concordia University in Ann Arbor—earning a bachelor’s degree in Social Work in 2020. She was a member of Concordia’s Cross Country and Track and Field teams and represented CUAA at national indoor and outdoor meets in the race walk.

Liz met Matt Reed while working at the Alford Youth Center in Waterville. Matt joined the US Airforce in 2017 and was stationed in Georgia. After dating for 4 years, Liz and Matt were married on July 18, 2020 at Mount Calvary Lutheran Church in Bonaire, GA—on Lee Anne and Mark’s anniversary! The wedding was relocated due to the pandemic. Matt is currently transitioning into the Maine Air National Guard and Liz is working on a master’s degree in social work at the University of Southern Maine.

Emily attends American University in Washington, DC where she is a sophomore. She is double majoring in political science and justice, law, and criminology. Em is part of the Leadership Program in the School of Public Affairs and participates in the D.C. Reads program tutoring disadvantaged students in the D.C. Public Schools. Emily is also part of the club swim team.



# February Stewardship

	<u>February 7</u>	<u>February 14</u>	<u>February 17</u>	<u>February 21</u>	<u>February 28</u>
<u>Acolyte</u>	10:45 Evan Farr	10:45 Emmy Carlson	7:00pm Andrew Farr	10:45 Andrew Farr	10:45 Mia Fitzpatrick
<u>Worship Assistant</u>	8:30 Charlie MacPherson	8:30 Mark Larsen		8:30 Glenn Carlson Sr.	8:30 Charlie MacPherson
	10:45 Steve Farr	10:45 Chris Batson		10:45 Dan Callahan	10:45 Brad Fitzpatrick
<u>Ushers</u>	8:30 Tyler Wilson	8:30 Rick Drageland	Noon Glenn Carlson Sr.	8:30 Tyler Wilson	8:30 Glenn Carlson Sr.
	10:45 Seth Carlson	10:45 Glenn Carlson Jr.	7:00pm Chris Batson	10:45 Mo Cote	10:45 Wayne Pelletier
<u>Cantor</u>	8:30 Jared Goldsmith	8:30 Sharon Conover		8:30 Jared Goldsmith	8:30 Sharon Conover
	10:45 Fernando Gouvea	10:45 Allison Farr		10:45 Steve Farr	10:45 Fernando Gouvea
<u>Greeters</u>	8:30 The Dragelands	8:30 The MacPhersons	Noon The Dragelands	8:30 Glenn & Kitty Carlson	8:30 Sharon Klipp
	10:45 Dorthy McAllister	10:45 The Cotes	7:00pm The Batsons	10:45 The Callahans & Matt Esculano	10:45 The Larsens
<u>Altar Care</u>	Sharon Conover	Amanda Goldsmith	Avis Grant	Amy Ouellette	Sasha Fitzpatrick
<u>Flowers</u>	Christine Thomas	Christine Thomas	LENT	LENT	LENT





## **BIBLE QUIZ**

**1. What did King Nebuchadnezzar find peculiar about the men he ordered thrown into the furnace?**

A) they were singing and praying B) they were walking around (C) they were laughing at the king (D) they were reading scrolls

**2. Exactly what died during the flood, if it was not on the ark?**

A) every human being in the whole region B) every living creature in the whole region C) every human being in the whole world D) every living creature in the whole world

**3. Who carried the cross while Jesus was led to the place of crucifixion?**

A) Jesus himself B) Peter of Galilee C) Simon of Cyrene D) a soldier of Rome

**4. What did Pilot do upon hearing that Jesus hailed from Galilee?**

A) shuttled Him over to King Herod because Galilee was in his jurisdiction B) threw him into prison because Galileans were known as murderers and rebels C) had Him flogged to try and change his answer D) apologized and gave Him some food and a new change of clothes

**5. Who can be saved?**

A) only people who obey the Bible's commands regularly B) only people who have not committed an evil act C) only the people who genuinely help others regularly D) every person who calls upon the name of the Lord

**6. Who said this: "Be ye angry, and sin not"?**

A) Paul B) Jesus C) Moses D) Abraham

### **Monthly Worship**

**February 7, 2021**

**Fifth Sunday after the Epiphany**

**Psalm:** 147:1-4, 10-11

**First Reading:** Isaiah 40:21-31

**Epistle:** 1 Corinthians 9:16-27

**Holy Gospel:** Mark 1:29-39

**February 14, 2021**

**The Transfiguration of Our Lord**

**Psalm:** 50:1-6

**First Reading:** 2 Kings 2:1-12

**Epistle:** 2 Corinthians 3:12-13; 4:1-6

**Holy Gospel:** Mark 9:2-9

**February 17, 2021**

**Ash Wednesday**

**Psalm:** 22

**Holy Gospel:** Mark 15:33-39

**February 21, 2021**

**First Sunday in Lent**

**Psalm:** 25:1-10

**First Reading:** Genesis 22:1-18

**Epistle:** James 1:12-18

**Holy Gospel:** Mark 1:9-15

**February 24**

**Second Wednesday in Lent**

**Psalm:** 22

**Holy Gospel:** Matthew 27:32-44

**February 28, 2021**

**Second Sunday in Lent**

**Psalm:** 22:23-31

**First Reading:** Genesis 17:1-7, 15-16

**Epistle:** Romans 5:1-11

**Holy Gospel:** Mark 8:27-38



2/5 Darryll Zahner  
 2/9 Kemp Anderson  
 2/10 Elizabeth Reed  
 2/11 Steve Farr  
 Chester Gilbert  
 2/12 Rachel Anderson  
 2/20 Brad Fitzpatrick  
 Jenifer MacPherson  
 2/22 Kay Gideon



## Confirmation Anniversary

2/7 Fernando Gouvea  
 Mari Gouvea  
 2/20 Elizabeth Reed  
 Taylan Thomas  
 Tiana Thomas

### For a Few Chuckles!

A priest, a pastor and a rabbi all served as chaplains in the armed services, and under duress of wartime they made a wild bet with each other. When they got back stateside, they would each find a grizzly bear and attempt to convert it to their religion.

The priest and pastor were called to a Veteran's Hospital some years later, where they found their friend the rabbi in terrible condition, with IV's and wires everywhere, and in a body cast. He seemed asleep, so they began to quietly catch up on their lives. Of course, the bet came up. The priest had found a bear, and as soon as he got close enough, he sprinkled it with holy water, tossed a communion wafer into its mouth and read to it from the catechism. The pastor had equal success with the bear he found. He had tricked the bear into slipping in a creek, where he quickly dunked its head under for baptism, immediately gave it a casserole for its first potluck, and read to it from the Bible. As they were congratulating each other, the rabbi opened his eyes. He had been listening the whole time. "I suppose circumcision may not have been the best place for me to start," he said.

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## BAPTISM BIRTHDAY

2/1 Caden Fitzpatrick  
 2/7 Jo Schiebel  
 2/13 Becky Cote  
 Vesta Holt  
 2/23 Robert Sieber  
 2/24 Andrew Farr  
 2/25 Lee Anne Larsen  
 2/29 Natalie Crowley

### Bible Quiz Answers

1. D (Daniel 3:24-25)
2. D (Genesis 7:23)
3. C (Matthew 27:32)
4. A (Luke 23:6-7)
5. C (Acts 4:36)
6. A (Ephesians 4:26)

Hannah always behaves beautifully at Sunday school; however, she gets a bit fidgety when her parents linger in the Fellowship Hall too long. "Mommy, why do we have to sit here so long?" she asked one week.

# The Daily Lectionary

A guide to help you be in the Word daily

2/1	Zechariah 11:4-17 / 2 Timothy 4:1-18
2/2	Zechariah 12:1-13:9 / Titus 1:1-2:6
2/3	Zechariah 14:1-21 / Titus 2:7-3:15
2/4	Job 1:1-22 / John 1:1-18
2/5	Job 2:1-3:10 / John 1:19-34
2/6	Job 3:11-26 / John 1:35-51
2/7	Job 4:1-21 / John 2:1-12
2/8	Job 5:1-27 / John 2:13-25
2/9	Job 6:1-13 / John 3:1-21
2/10	Job 6:14-30 / John 3:22-4:6
2/11	Job 7:1-21 / John 4:7-26
2/12	Job 8:1-22 / John 4:27-45
2/13	Job 9:1-35 / John 4:46-54
2/14	Job 10:1-22 / John 5:1-18
2/15	Job 11:1-20 / John 5:19-29
2/16	Job 12:1-6, 12-25 / John 5:30-47
2/17	Genesis 1:1-19 / Mark 1:1-13
2/18	Genesis 1:20-2:3 / Mark 1:14-28
2/19	Genesis 2:4-25 / Mark 1:29-45
2/20	Genesis 3:1-24 / Mark 2:1-17
2/21	Genesis 4:1-26 / Mark 2:18-28
2/22	Genesis 6:1-7:5 / Mark 3:1-19
2/23	Genesis 7:11-8:12 / Mark 3:20-35
2/24	Genesis 8:13-9:17 / Mark 4:1-20
2/25	Genesis 11:27-12:20 / Mark 4:21-41
2/26	Genesis 13:1-18 / Mark 5:1-20
2/27	Genesis 15:1-21 / Mark 5:21-43
2/28	Genesis 16:1-9,15 – 17:22 / Mark 6:1-13

*(Daily lectionary readings taken from LSB #299-304)*

## Some helpful habits for home devotions:

- *Do one reading in the morning and the other in the evening.*
- *Keep a journal or make a mental note of one thought that you would like to remember from this reading.*
- *Read and discuss the daily reading with a family member or friend.*
- *Choose one verse to commit to memory, reciting it through the day.*
- *Speak to God in prayer about something from the reading that impressed or confused you in this reading.*
- *If you miss a day or two (or three) and fall behind, don't worry and don't quit! Either set aside some time to catch up or skip those readings and move on.*
- *If you're using another reading schedule or guide, stick with it. The important thing is to be in the Word daily.*